Bible/College Class Notes – From John's Gospel– Lesson 39

The 'I AM' Sayings of the Lord Jesus Christ.

This week we continue lessons which teach the almighty saving power of Jesus Christ.

Jesus said, "I AM the Bread of Life …
If any man eat of this bread,
he shall live for ever".
John 6 vs 48 and 51.

Bible Readings for this week:
(Choose a regular time each day to read the bible and pray whether it be when you first wake up or just before you go to sleep)

Day	Bible Reading	Tick When Read
Sunday	John 6v1-13 (The Lord miraculously feeds the crowd)	
Monday	John 6v14-21 (Jesus stills the storm)	
Tuesday	John 6v22-40 (Jesus Christ – I AM The Bread of Life)	
Wednesday	John 6v41-58 (Again – I AM The Bread of Life)	
Thursday	Isaiah 58v1-14 (The Lord will bless obedience)	
Friday	Deuteronomy 8 (An exhortation to obedience)	
Saturday	1 Corinthians 10v16-17,11v23-32 (The Lord's supper)	

Important Lesson for us Today: Our *physical bodies* will one day die but our *spiritual souls* will live forever - either eternally safe with God in Heaven or miserably in Hell. What makes up our Soul? What is the essential Us? It is: -

Our **Conscience**: the part that tells us what is right or wrong. **God's law written in us.**
Our **Mind**: where we think, reason, understand and plan; not by instinct as animals do.
Our **Will**: the part that determines to do something even if it goes against our conscience.
Our **Heart**: the part of us that drives our will to action and makes us desire something.

If our soul is fed and driven by a love and devotion for the Lord Jesus Christ this makes us safe now and forever. Our eternal safety is only when we are 'in Christ' and living for Him.

Hymn 335 - tells of The Lord Jesus Christ being vital nourishment for our souls: -

1. Thou art the Bread of Life,
   O Lord to me,
   The holy Word the Truth
   That saveth me;
   Give me to eat and live
   With Thee above,
   Teach me to love Thy Truth,
   For Thou art love.

4. Bless Thou the Truth, dear Lord,
   Now unto me,
   As Thou didst bless the bread
   By Galilee:
   Then shall all bondage cease,
   All fetters fall,
   And I shall find my peace,
   My All-in-All.

EDT Bible/College Class Take Home Sheet
This sheet is given to remind you of the lesson and to encourage you to read your Bible.

Jesus Christ Said, 'I AM The Bread of Life'

- **The Crowd, over 5,000 strong, saw only their Physical Needs.**
  - They wanted healing from their diseases and to be miraculously fed.
  - Selfishly they wanted to be entertained, enjoying the excitement and surprise of what spectacular miracle the Lord would do next.
  - They wanted a King who would set them free from Roman rule.
  - They refused to hear they had a spiritual need; they were sinners who needed forgiveness, but their pride was offended by this message.

Does the message of the need to recognise our sin and seek forgiveness offend?

- **The Lord, in compassion, fulfilled their Physical and Spiritual needs.**
  - As Creator God, He miraculously fed all of them using a boys' lunch.
  - Yet, Jesus also taught that souls are more important than bodies, desperately needing spiritual forgiveness and healing from Him.
  - Jesus said, ***'He that believeth on Me hath everlasting life, I AM The Bread of Life'.*** **Have faith, 'eat' of Me and you shall live eternally.**
- **We need both Physical and Spiritual Bread: -**
  - Bread is essential for life - Christ is essential for our soul's life.
  - Without food we die - without Christ's salvation we are dead to God.
  - Bread is a staple food – the Lord must come before anything else.
  - We need it daily – we need to pray to God and read His Word daily.
  - It builds strength – trusting in Christ strengthens our character.
  - It provides energy – the Lord energises our obedience and witness.
  - It suits all diets – Christ is for all ages, backgrounds, and cultures.
- **But Looking and Knowing is not enough - We must Believe and Obey.**
  - Looking at bread will not stop our hunger - we need to eat it.
  - Knowing that there is a God is not enough - we need to believe that the Saviour, the Lord Jesus Christ, offered Himself on the cross, in our place, to take the punishment of Hell that our sin rightly deserves.
  - He takes our guilt and gives us His righteousness. **What a Saviour!**

Do we believe this? A personal faith in Jesus Christ is essential.
Remember, God hates our sin but loves us even though we are sinners!

Jesus Christ said, *"I AM The Bread of Life; he that cometh to Me shall never hunger; and he that believeth on Me shall never thirst".* **John 6v35.**
"Man does not live by bread only, but by every word that proceedeth out of the mouth of the LORD does man live". **Deuteronomy 8v3.**