

Bible Class Notes – From John’s Gospel– Lesson 39

The ‘I AM’ Sayings of the Lord Jesus Christ.

This week we continue lessons which teach the almighty saving power of Jesus Christ.

*Jesus said, “I am the Bread of Life ...
If any man eat of this bread,
he shall live for ever.”
John 6 vs 48 and 51*

Bible Readings for this week:

(Choose a regular time each day to read the bible and pray whether it be when you first wake up or just before you go to sleep)

Day	Bible Reading	Tick When Read
Sunday	John 6 v1-13 (The Lord miraculously feeds the crowd)	
Monday	John 6 v14-21 (The Lord Jesus stills the storm)	
Tuesday	John 6 v22-40 (Jesus Christ – The Bread of Life)	
Wednesday	John 6 v41-58 (Again – I AM The Bread of Life)	
Thursday	Isaiah 55 v1-13 (The Lord gives food freely for the soul)	
Friday	Deuteronomy 8 (Our souls live by God’s Word)	
Saturday	1 Corinthians 10 v16-17, 11 v23-32 (The Lord’s Supper)	

Important Lesson for us Today:

Our physical bodies will one day die but our spiritual souls will live forever - either eternally safe with God in Heaven or miserably in Hell. What makes up our Soul? What is the essential Us? **It is:**

- Our **Conscience**; the part of us that tells us what is right or wrong. God’s law written in us.
- Our **Mind**; the part that thinks, reasons, understands and plans; not by instinct as animals.
- Our **Will**; the part that determines to do something even if it goes against our conscience.
- Our **Heart**; the part of us that drives our will to action and makes us desire something.

If our soul is fed and driven by a love and devotion for Christ this makes us safe now and forever.

This week’s hymn verses tells of The Lord Jesus Christ being vital nourishment for our souls: (335)

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| 2. Thou art the Bread of Life,
O Lord to me,
The holy Word the Truth
That saveth me;
Give me to eat and live
With Thee above,
Teach me to love Thy Truth,
For Thou art love. | 4. Bless Thou the Truth, dear Lord,
Now unto me,
As Thou didst bless the bread
By Galilee:
Then shall all bondage cease,
All fetters fall,
And I shall find my peace,
My All-in-All. |
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EDT Bible Class Take Home Sheet

Jesus Christ Said, ‘I AM The Bread of Life’

- The Crowd, probably 10,000 strong, saw only their Physical Need:**
 - They wanted healing from diseases and to be miraculously fed.
 - Selfishly they wanted to be entertained, enjoying the excitement and surprise of what spectacular miracle the Lord would do next.
 - They wanted a King who would set them free from Roman rule.
 - They refused to hear they had a spiritual need; they were sinners who needed forgiveness, but were offended by this message.
 - The Lord, in compassion, fulfilled their Physical and Spiritual need:**
 - As Creator God, He miraculously fed all of them using a boys’ lunch.
 - Yet, He also taught that souls are more important than bodies, needing spiritual forgiveness and healing which only He can give.
 - He said, ‘I AM The Bread of Life’, ‘Eat of Me and you shall live eternally’.
 - We need both Physical and Spiritual Bread:**
 - Bread is essential for life - Christ is essential for our soul’s life.
 - Without food we die - without Christ’s salvation we are dead to God.
 - Bread is a staple food – the Lord must come before anything else.
 - We need it daily – we need to pray and read God’s Word daily.
 - It builds strength – trusting in Christ strengthens our character.
 - It provides energy – the Lord energises our obedience and witness.
 - It suits all diets – Christ is for all ages and backgrounds.
 - Looking and Knowing is not enough - We must Believe.**
 - Looking at bread will not stop our hunger - we need to eat it.
 - Knowing there is a God is not enough - we need to believe that the Lord Jesus Christ offered Himself on the cross, in our place, to take the punishment of Eternal Hell that we rightly deserve.
 - He takes our guilt and gives us His righteousness. What a Saviour!
- Do we believe this?** A personal faith in Jesus Christ as our Saviour and Lord is essential. He is the only One Who can satisfy our soul.
- “O taste and see that the Lord is good.” Psalm 34v8**

Jesus Christ said, “I AM The Bread of Life; he that cometh to Me shall never hunger; and he that believeth on Me shall never thirst”.

John 6 v35

“Man does not live by bread only, but by every word that proceedeth out of the mouth of the LORD does man live”.

Deuteronomy 8 v3